



## PRESS RELEASE

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### For Immediate Release

## Local Letter Carriers to Help Fight Hunger During the “2019 Stamp Out Hunger”

AMARILLO, TEXAS – May 6, 2019 – Texas Panhandle residents can join High Plains Food Bank (HPFB) and support community members who struggle with hunger by simply collecting non-perishable food items and leaving them in a sturdy bag near their mailboxes on Saturday, May 11.

A letter carrier will collect the donations for the High Plains Food Bank, who will then distribute the items to those facing hunger right here in the Texas Panhandle. **Participating Texas Panhandle cities include:** Amarillo, Canyon, Dimmitt, Dumas, Hereford, Shamrock, and Tulia. Amarillo food donations will be brought to High Plains Food Bank. Food collected in cities outside Amarillo will go directly to local pantries and feeding partners within those areas. Anyone who misses the mail carrier on Sat, May 11 can donate directly at High Plains Food Bank, located at 815 Ross Street in Amarillo. Financial donations can also be made at HPFB or online at <https://www.hpfb.org/donate>.

“Stamp Out Hunger is like no other food drive,” said Zack Wilson, Executive Director for the High Plains Food Bank. “It allows every community across the country to collectively come together on one day to do their part to fight hunger. We are so grateful to community members who donate non-perishable items and for the letter carriers who take the time to collect each bag to help fight hunger in all 29 counties of the Texas Panhandle.”

High Plains Food Bank continues to serve 8,700 families or more each month through more than 190 partner agencies throughout the Panhandle. High Plains Food Bank is in critical need of the following food items:

- Canned foods – fruits, vegetables, soups, stews, chili and meats (tuna, chicken)
- Peanut butter
- Cereal & shelf stable milk
- Boxed dinners like mac & cheese, pastas, etc.
- Beans & rice

The Stamp Out Hunger food drive was created in 1993 by the National Association of Letter Carriers to encourage communities to come together in an effort to stock the shelves of food banks and pantries nationwide. The event is held on the second Saturday of May each year.

For more information, or media interviews, please contact: Tina Brohlin, Communications & Marketing Manager, 806-350-1435, or [tina@hpfb.org](mailto:tina@hpfb.org).

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### About High Plains Food Bank

High Plains Food Bank’s mission is to alleviate hunger in the Texas Panhandle. HPFB secures, processes, stores and distributes food to more than 190 partner agencies, across the top 29 counties in Texas. These food pantries provide a network to provide food assistance directly to the 1 in 7 local people who struggle with food insecurity, including 1 in 5 children. In 2018, HPFB distributed 8.25 million pounds of food, an amount equal to the all-time record set in 2017.

To combat food insecurity and improve the overall health of clients we serve, HPFB provides a variety of community programs, including: Kids Cafe, Direct Mobile Distribution, a senior adult food program (CSFP), and nutrition education through The Garden at High Plains Food Bank. HPFB can also help individuals with applying for SNAP, CHIP, and Medicaid. In addition to fighting hunger and supporting better health, food banking decreases waste by distributing food that would otherwise go uneaten to people who need it. \*High Plains Food Bank is an equal opportunity provider.

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### **About Feeding America**

Feeding America® is the largest hunger-relief organization in the United States. Through a network of 200 food banks and 60,000 food pantries and meal programs, we provide meals to more than 46 million people each year. Feeding America also supports programs that prevent food waste and improve food security among the people we serve; educates the public about the problem of hunger; and advocates for legislation that protects people from going hungry. Visit [www.feedingamerica.org](http://www.feedingamerica.org), find us on Facebook or follow us on Twitter.

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