



## PRESS RELEASE

Contact: Tina Brohlin

Communications & Marketing Manager

(806)350-1435 W (806)679-4159 C

[tina@hpfb.org](mailto:tina@hpfb.org)

### For Immediate Release

## Record Distribution of Senior Food Boxes

AMARILLO, TEXAS – June 11, 2019 – High Plains Food Bank distributed 1,094 Commodity Supplemental Food Program (CSFP) boxes to qualified seniors in May, the highest monthly distribution since the program began in October 2017.

CSFP, the largest and most common senior adult food program, provides supplemental groceries to low-income senior adults, ages 60 years and older. Each month, CSFP participants receive a 25-30 pound box of shelf-stable groceries, valued at \$60-\$70, and a 2-pound block of commodity cheese to supplement their diets. Contents include a rotating menu of items including canned fruits, vegetables, animal proteins, cereal, dry beans and rice, pasta, peanut butter, liquid milk, and dry milk on alternating months.

“In November, we surpassed 1,000 in CSFP box distribution, and that number continues to grow,” said Zack Wilson, executive director of High Plains Food Bank. “Even with record distribution, we had about 400 senior food boxes that were not picked up last month.”

Seniors who are homebound or have limited mobility or access to transportation may designate a proxy to collect their monthly food box. A designated proxy may be a family member, friend, neighbor, caregiver or even a community volunteer.

“We have a couple of ladies that pick up about 20 boxes each month for seniors in their communities,” said Wilson. “We’d love to see more community volunteers or groups do the same.”

Any senior who meets the [USDA Income Eligibility Guidelines](#) may apply in person at a [CSFP Distribution](#) and take home a senior food box the same day. For seniors appointing a proxy, an [Application \(English and Spanish\)](#) and [Proxy Form](#) may be filled out in advance and presented by the proxy, along with copies of supporting documentation, on site.

For more information, or media interviews, please contact: Tina Brohlin, Communications & Marketing Manager, 806-350-1435, or [tina@hpfb.org](mailto:tina@hpfb.org).

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### About High Plains Food Bank

High Plains Food Bank’s mission is to alleviate hunger in the Texas Panhandle. HPFB secures, processes, stores and distributes food to more than 190 partner agencies, across the top 29 counties in Texas. These food pantries provide a network to provide food assistance directly to the 1 in 7 local people who struggle with food insecurity, including 1 in 5 children. In 2018, HPFB distributed 8.25 million pounds of food, an amount equal to the all-time record set in 2017.

To combat food insecurity and improve the overall health of clients we serve, HPFB provides a variety of community programs, including: Kids Cafe, Direct Mobile Distribution, a senior adult food program (CSFP), and nutrition education through The Garden at High Plains Food Bank. HPFB can also help individuals with applying for SNAP, CHIP, and Medicaid. In addition to fighting hunger and supporting better health, food banking decreases waste by distributing food that would otherwise go uneaten to people who need it. \*High Plains Food Bank is an equal opportunity provider.

### About Feeding America

Feeding America® is the largest hunger-relief organization in the United States. Through a network of 200 food banks and 60,000 food pantries and meal programs, we provide meals to more than 40 million people each year. Feeding America also supports programs that prevent food waste and improve food security among the people we serve; educates the public about the problem of hunger; and advocates for legislation that protects people from going hungry.

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