



2022 ANNUAL REPORT

LEADERSHIP

2022 Board of Directors Executive Committee

Jackie Kingston
President
KAMR Local 4 News

Gianni Amato
Vice President
First United Bank

Ravonette Stacey
Treasurer
Randall County

Edmond Bachman
Assistant Treasurer
First Capital Bank of Texas

Tim Williams
Secretary
Sprouse, Shrader & Smith

Pat Ware
Immediate Past President
Amarillo National Bank

2022 Board of Directors

Amanda Ast
Northwest Texas Healthcare

Denise Blanchard
Amarillo ISD

Abel Bosquez
Community Volunteer

Rosemartha Cates
Keller Williams

Sonja Clark
Bell Helicopter

Paul Evans
The United Family

Anne Friemel
Fibrenew Amarillo Leather

Cheryl Gentry
CNS Pantex/Metal Trades

Cherry Graham
Community Volunteer

Shawn Morrison
Budweiser Distributing Co.

Marty Murry
FirstBank Southwest - Retired

Don Nicholson
Texas Department of State
Health Services

Bill Pinkham
Perdue, Brandon, Fielder,
Collins and Mott Law Firm

Executive Management Team

Zack Wilson
Executive Director

Andrea Johnson
Assistant Director

Chris House
Director of Finance

Tina Brohlin
Director of Development

Our Team

Laneta Six
Administrative Assistant

Amenda Contreras
Accountant

Zivorad Filipovic
Director of Marketing and
Communications

Morgan Payne
Development Coordinator

Deborah Hansford
Development Data Manager

Nellie Ramon
Director of Social Services

Manny Rios
Referral Specialist

Bobby Mitchell
Warehouse Manager

Rob Bell
Food Sourcing Manager

Zach Carrillo
Inventory Control Manager

Josh Oldham
CSFP Coordinator

Whitney Walker
Agency Relations Coordinator

Rachael Maxwell
Agency Relations Coordinator

Maribel Sotelo
Director of Kids Cafe

Justin Young
Director of Nutrition
Education

Cara Young
Gardens & Community
Partnerships



Mission

TO ALLEVIATE
HUNGER IN THE
TEXAS PANHANDLE

Dear friends,

As we look back on 2022, we saw new challenges and new opportunities.

As COVID began to decrease, we saw another emerging trend that become concerning: the rising costs of living. Food, fuel and general supply costs affected us all. However, it also forced many individuals to ask for help for the first time. This, coupled with folks still struggling with the economic impact of COVID, drove the number of families served to an average of 16,900 per month.

Effects of the supply chain and rising costs also affected HPFB. We saw maintenance costs increase along with the general costs of operating a warehouse, trucks and equipment. The rising costs also affected our ability to secure the number of food loads we expected. Unfortunately, this is a trend that is projected to stay with us for awhile.

In 2022, we also saw many new opportunities, we:

- Distributed over 2.1 million pounds in fresh produce (up 31 percent from the previous year).
- Increased the number of summer meal service sites in public parks in Amarillo and Canyon.
- Ordered 5 new trucks to help with our incoming food donations, rural food service distributions, and senior food distributions.
- Distributed food to more than 2,072 seniors each month through our senior food box program.

Despite the challenges we face, HPFB is still committed to our mission to alleviate hunger in the Texas Panhandle. In 2023, we will:

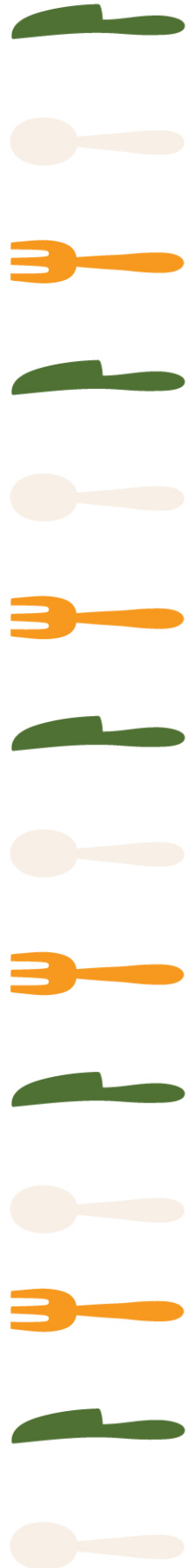
- Complete our new administrative building (located one block north of our warehouse).
- Begin the research and planning stage for opening a food assistance center on-site at HPFB!
- Increase our fresh produce and protein distribution by 5 percent.
- Leverage technology to help increase distribution and reporting at all our partner sites.
- Add five new trucks to our fleet to help increase our food pick-ups and distributions.

While there are still many challenges ahead, your continued support will help us continue providing food, resources, and hope to neighbors facing food insecurity. Thank you very much for helping fight hunger. For every \$1 you give, we're able to provide 14 meals to neighbors - local kids, seniors, and families - facing food insecurity.

Sincerely,



Zack Wilson
Executive Director





27%
FRESH
PRODUCE

29
COUNTIES

144
FEEDING
PARTNER
AGENCIES



SERVED MONTHLY
ON AVERAGE



1 IN 6 LOCAL
PEOPLE FACE FOOD
INSECURITY



1 IN 5 LOCAL
KIDS FACE FOOD
INSECURITY



66%
DISTRIBUTED
TO RURAL
COUNTIES



7.9
MILLION
POUNDS DISTRIBUTED

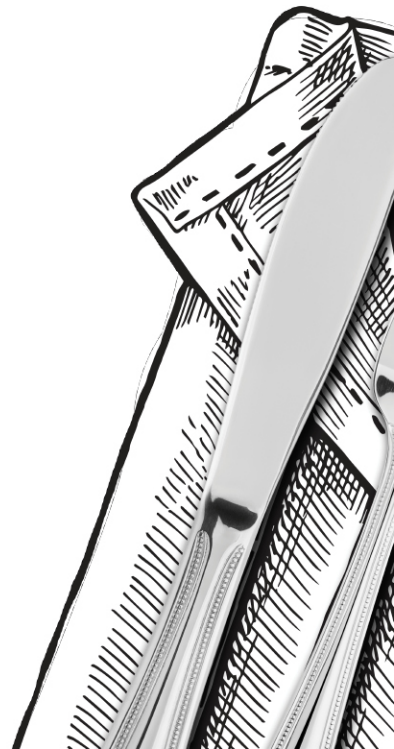
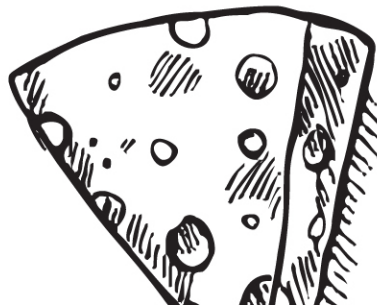
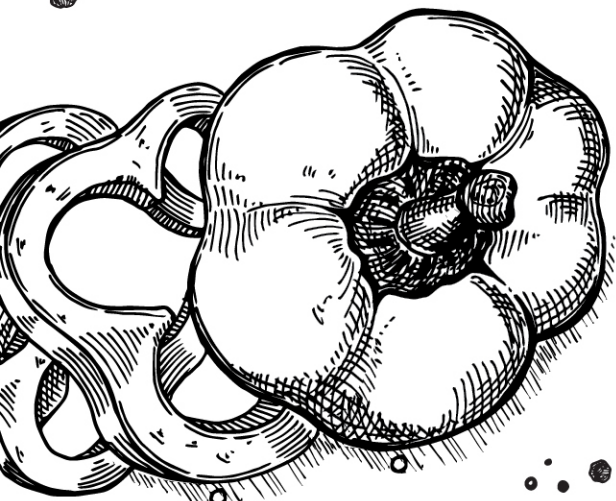


11%

USDA/CSFP

61%

Donated
Food/Product



FOOD SOURCES

8%

Purchased
Food/Product

4,812,008

DONATED FOOD/PRODUCT

1,643,920

USDA/TEFAP PRODUCT

628,154

PURCHASED FOOD/PRODUCT

845,258

USDA/CSFP

(POUNDS OF FOOD DISTRIBUTED BY TYPE)

21%

USDA/TEFAP
Product

Most of the food we distribute is donated by retailers, growers, and other partnerships. The government also supplies food through programs like The Emergency Food Assistance Program, Commodity Supplemental Food Program, and the Food Purchase and Distribution Program. In 2022, we were able to convert \$1 into 14 meals, which makes monetary donations extremely economical in the fight against local hunger.

OUR PROGRAMS



COMMODITY SUPPLEMENTAL FOOD PROGRAM

The Commodity Supplemental Food Program (CSFP) works to improve the health of low-income seniors 60 years of age and older by supplementing their diets with nutritious USDA foods. Each month, qualified participants receive a box containing more than 25 pounds of shelf-stable groceries and a 2-pound block of cheese. In 2022, the CSFP team distributed 1,802 more senior food boxes than last year, for a total of 24,868! Monthly distributions were held at 22 CSFP sites to better serve an average of 2,072 local seniors who are at risk of food insecurity. We hope to expand the program to more rural communities in the future, so that more of our low-income senior neighbors have access to supplemental nutrition.



DIRECT MOBILE DISTRIBUTION

In 4 underserved counties, we provided Direct Mobile Distribution (DMD) service, delivering food directly to qualified low-income clients. In Armstrong, Briscoe, Hall, and Hemphill counties, HPFB distributed 40-pound family food boxes, surplus food, and fresh produce each month. We provided 5,688 family food boxes through DMD, plus 87,765 pounds of perishable food to 8,628 people in 2022.





FOOD PURCHASE AND DISTRIBUTION PROGRAM

In 2022, HPFB distributed approximately 4,812,008 pounds of donated product and an additional 2,489,178 of USDA product. We provide free delivery to our agency partners in our 27 rural counties so they can better serve neighbors facing food insecurity.

4.8 M

LBS. OF DONATED
FOOD/PRODUCT
DISTRIBUTED

2.4 M

LBS. USDA PRODUCT
DISTRIBUTED



165,864

MILES OUR FLEET
TRAVELED





SOCIAL SERVICES

HPFB's Social Services team connects people to federal nutrition and health programs like SNAP (Supplemental Nutrition Assistance Program) and Medicaid. They help neighbors determine eligibility, complete applications, and understand their benefits.

SNAP (Supplemental Nutrition Assistance Program), or EBT, is a federal program that provides monthly funds for people to buy the food they need to thrive. Formerly called "food stamps," SNAP is America's most extensive hunger-fighting program. SNAP helps individuals and families stretch their budgets to meet additional needs beyond food, like medical bills, utilities, and rent.

Our social services team provides expert consultation by phone or face-to-face appointment to complete and submit applications online or on paper. Our experienced team guides applicants through the daunting application process, provides case management, and advocates for their clients. The HPFB social services team also helps neighbors establish food security and self-sufficiency by connecting them with additional life-stabilizing resources within their extensive referral network.

In addition to helping individuals and families navigate the benefits application process, HPFB's social services team educates community members and partner agencies on State and Federal programs and services, including:

- SNAP (food stamps)
- Children's Medicaid
- Medicaid for adults
- Medicaid for the elderly/disabled
- CHIP (Children's Health Insurance Program)
- CHIP Perinatal Program
- TANF (Temporary Assistance for Needy Families)
- Healthy Texas Women (family planning and health screenings)

SNAP Application Assistance
2022 Application Total: 454

KIDS CAFE

Kids Cafe provides free nutritious meals and snacks to students through multiple community partner locations. In 2022, our Kids Cafe team prepared and served over 100,000 nutritious meals to local students at safe after school partner sites including, schools, community organizations, and apartment complexes. Over 1,000 students received daily meals to help them grow, learn, and thrive.

In 2022, the Kids Cafe program prepared and delivered over 35,000 nutritious meals to senior citizens and families. The Kids Cafe program provides nutritious meals to senior adults at apartment complexes and provides a supplement meal to adult students attending classes at Heal The City Clinic. Kids Cafe also rescues its own food by preparing meals with leftover food and offers them at no cost to the neighboring community and to anyone facing food insecurity.



84,000

LBS. OF FRESH
PRODUCE

Distributed by
The Garden at HPFB



THE GARDEN AT HPFB

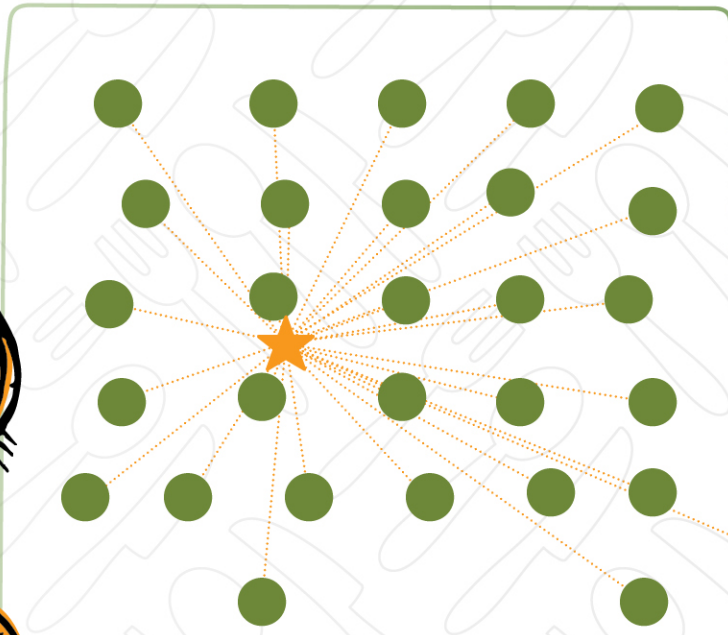
The Garden at High Plains Food Bank is an all-organic, 1-acre urban farm that serves as a community classroom to teach gardening basics and nutrition education. In 2022, the Garden offered 177 nutrition education classes to 530 participants. Topics ranged from organic gardening to healthy eating and cooking. The Garden's Mobile Harvest program distributed over 84,000 pounds of fresh produce to an average of more than 1,400 community members.



AGENCY PROVIDED SAFETY NET

COUNTY	# OF AGENCIES	POUNDS DISTRIBUTED	TOTAL POPULATION	# OF FOOD INSECURE PERSONS	FOOD INSECURITY RATE	TOTAL CHILD POPULATION	# OF FOOD INSECURE CHILDREN	CHILD FOOD INSECURITY RATE
Armstrong	1	27,350	1,950	210	10.5%	456	60	12.4%
Briscoe	2	190,819	1,348	210	15.4%	225	40	17.7%
Carson	6	97,982	5,957	660	11.0%	1,388	200	14.1%
Castro	2	102,911	7,561	820	10.9%	2,190	340	15.7%
Childress	4	374,235	7,219	990	13.7%	1,348	230	16.7%
Collingsworth	3	120,024	2,939	450	15.4%	747	160	21.4%
Cottle	2	196,973	1,624	320	19.5%	462	120	26.6%
Dallam	3	139,393	7,272	870	12.0%	2,358	370	15.8%
Deaf Smith	4	78,820	18,617	2,000	10.8%	5,798	990	17.0%
Donley	5	258,439	3,317	420	12.5%	667	110	17.1%
Gray	7	502,450	22,063	3,470	15.7%	5,604	1,160	20.6%
Hale	7	355,464	33,463	4,680	14.0%	9,088	1,880	20.7%
Hall	2	174,125	3,025	510	17.0%	683	160	23.4%
Hansford	1	58,728	5,431	600	11.1%	1,607	240	14.7%
Hardeman	1	26,856	3,958	600	15.2%	790	150	19.2%
Hartley	3	161,200	5,588	610	10.9%	1,200	170	14.3%
Hemphill	2	156,561	3,901	500	12.9%	1,133	200	17.6%
Hutchinson	6	449,962	21,105	3,140	14.9%	5,303	1,010	19.1%
Lipscomb	1	41,025	3,301	430	13.0%	945	160	17.3%
Moore	6	349,572	21,169	2,180	10.3%	6,751	1,010	15.0%
Ochiltree	3	244,955	9,907	1,270	12.8%	3,105	550	17.6%
Oldham	1	78,359	2,110	260	12.2%	771	100	13.5%
Parmer	3	226,071	9,639	1,020	10.6%	2,763	420	15.2%
Potter	40	1,982,763	118,323	19,010	16.1%	32,397	7,100	21.9%
Randall	21	710,074	136,005	16,120	11.9%	32,671	4,530	13.9%
Roberts	1	77,179	784	100	12.8%	184	30	14.9%
Sherman	1	102,705	3,046	350	11.7%	703	120	17.2%
Swisher	4	441,063	7,403	1,300	17.6%	1,840	470	25.4%
Wheeler	2	202,431	5,187	840	16.1%	1,321	290	22.3%
OVERALL	144	7,928,444	473,212	63,940	13.4%	124,498	22,370	17.9%

HPFB collects, sorts, and stores donated, rescued, and purchased food that we distribute for free to our 144 feeding partner agencies. These partner food pantries, soup kitchens, shelters, and meal programs provide food directly to neighbors in their communities. Together, we work to alleviate hunger in the Texas Panhandle.



**TOTAL CHILD
FOOD INSECURITY**

22,370

TOTAL
FOOD INSECURE
CHILDREN

(AFFECTS 1 IN 5) 17.9%

124,498

TOTAL CHILD POPULATION

63,940

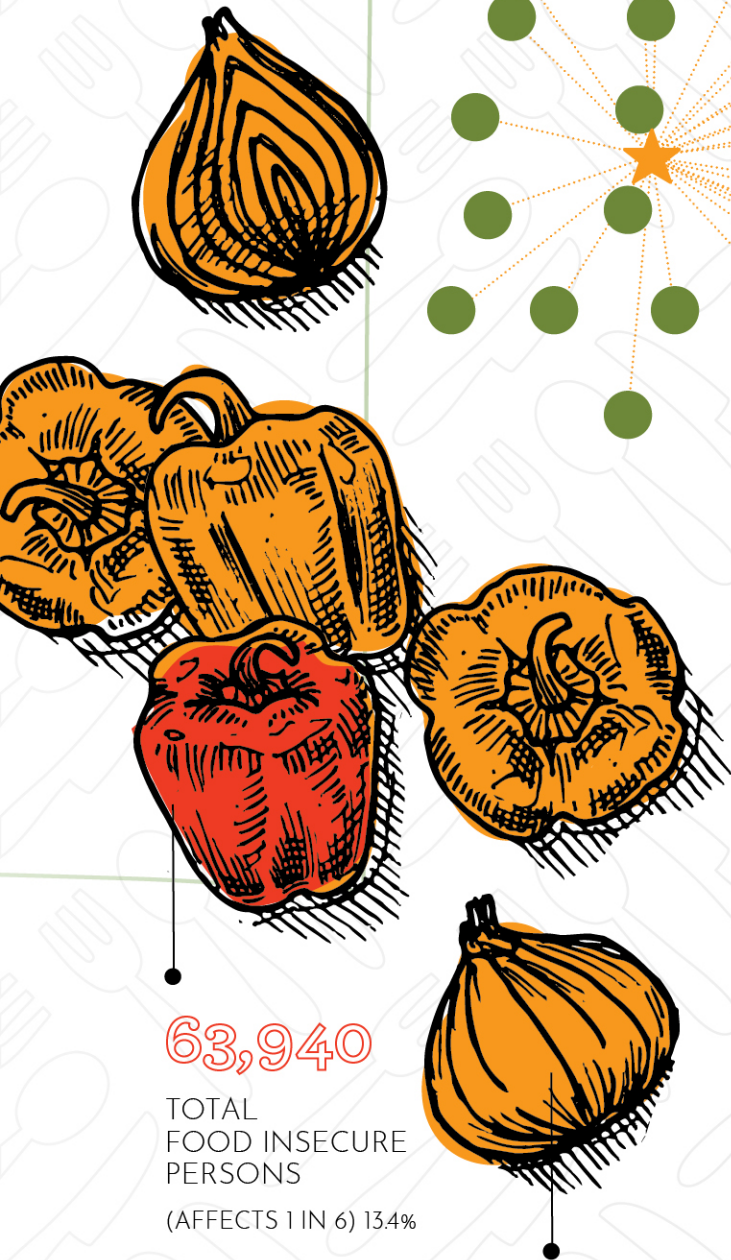
TOTAL
FOOD INSECURE
PERSONS

(AFFECTS 1 IN 6) 13.4%

473,121

TOTAL POPULATION

**TOTAL PERSONS
FOOD INSECURITY**



VOLUNTEER SUPPORT

Volunteers provide critical support in alleviating hunger in the Texas Panhandle. Volunteer support remained low in 2022, accounting for 13,474 hours of volunteer support, valued at \$121,266.

In our warehouse, we love to host volunteer groups including schools, youth groups, civic organizations, businesses, and families. Volunteers are desperately needed year-round to inspect and sort all donated food and product, pack family food boxes, and more.

The Garden at HPFB needs volunteers to help plant, harvest, compost, pull weeds, and feed animals. You'll get a little dirty, soak up some sun, and learn techniques to grow food and raise animals in the Texas Panhandle climate.

Visit the volunteer section at [HPFB.org](https://www.hpfb.org) to learn more or schedule your time to volunteer.





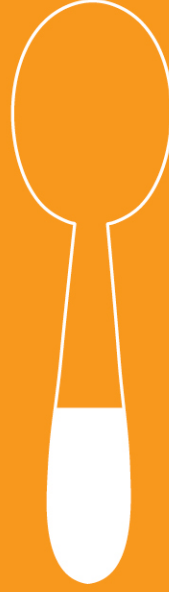
2019

50,311 Volunteer Hours
\$452,299 Value



2020

17,762 Volunteer Hours
\$159,858 Value



2021

15,035 Volunteer Hours
\$136,300 Value



2022

13,474 Volunteer Hours
\$121,266 Value



HAVEST OF HOPE LUNCHEON

On October 4, 2022, more than 260 current and former volunteers, donors, board members, staff, and other supporters gathered at Polk Street United Methodist Church for the Harvest of Hope Luncheon to celebrate High Plains Food Bank's 40th Anniversary. Two founding board members, Charlotte Rhodes and Gene Shelburne, were recognized among those in attendance.

Potter County Judge Nancy Tanner provided the welcoming remarks and invocation. Then, HPFB Board President, Jackie Kingston, led panelists in a discussion, "Honoring the Past and Building the Future."

Former HPFB Executive Director, Janie Singleton, conveyed stories about expanding the food bank's operations and logistics over time into the current rural delivery system. Attorney Dean Boyd shared his story of growing up in a food insecure household and said, "You can NEVER go wrong with feeding people." He recognized retired HPFB employee Maria Stickel, who was in the audience, for inviting him and his wife Heidi to be involved in HPFB's mission. Zack Wilson, current HPFB Executive Director, shared exciting plans for the future...including distributing more fresh, healthy food and establishing a direct food assistance center at the food bank.

Thank you to everyone who attended or supported and whose gifts of time, talent, treasure, or testimony have helped High Plains Food Bank alleviate hunger in the Texas Panhandle over the past 40 years. We couldn't do this critical work without you, and we're excited to continue this path with your support!



Partners from Sponsor The United Family



Heidi and Dean Boyd



260

CURRENT & FORMER
VOLUNTEERS, DONORS,
BOARD MEMBERS, STAFF
AND SUPORTERS

Founding board members Gene Shelburne and Charlotte Rhodes with HPFB Executive Director, Zack Wilson



FINANCIALS

FINANCIAL POSITION

Years Ended December 31, 2021 & 2020

	2021	2020
ASSETS		
Cash and cash equivalents	3,358,101	3,211,120
Cash restricted for long-term purposes	185,000	
Investments	1,188,844	217,540
Accounts receivable	235,421	432,953
Promises to give	4,628	9,563
Food inventory	7,085,503	5,803,755
Prepaid insurance	86,706	81,034
Investments held for endowment purposes	300,000	300,000
Property and equipment (net)	3,676,603	3,533,321
Total assets	16,120,806	13,589,286
LIABILITIES		
Accounts payable	303,870	219,138
Accrued liabilities	42,310	27,428
Grant advances		-8,656
Line of credit		-390
Total liabilities	346,180	255,612
NET ASSETS		
Without donor restrictions		
unrestricted	14,101,958	11,572,346
With donor restrictions		
Perpetual in nature	300,000	300,000
Purpose restrictions	1,372,668	1,461,328
	1,672,668	1,761,328
Total net assets	15,774,626	13,333,674
Total liabilities and net assets	16,120,806	13,589,286

ACTIVITIES

Years Ended December 31, 2021 & 2020

CHANGES IN NET ASSETS WITHOUT DONOR RESTRICTIONS

Revenue, support, and gains
Food contributions
Cash contributions
Grants
Non-cash contributions
Purchased product sales
Cost of purchased product

Share maintenance fees
Federal and state grants
Special events
Interest and investment income
Net gain (loss) on investments
Other

Total revenue, support, and gains without donor restrictions

Net assets released from restrictions

Total revenue, support, and gains without donor restrictions

EXPENSES

Program services
Food distribution
Kid's Cafe
Total program services
Management and general
Cost of benefits to donors
Fund-raising
Total expenses

Increase in net assets without donor restrictions

CHANGES IN NET ASSETS WITH DONOR RESTRICTIONS

Food contributions-USDA
Grants and contributions
Interest and investment income
Net gain on investments
Net assets released from restrictions

Increase (decrease) in net assets with donor restrictions

Increase in net assets

Net assets at beginning of year

Net assets at end of year

SCAN HERE

for the complete audit. Our IRS form 990 is available at HPFB.org/about



2021	2020	Cash Flows Years Ended December 31, 2021 & 2020	2021	2020
		CASH FLOWS FROM OPERATING ACTIVITIES		
		Cash received from contributors and grants, net of amount restricted for property acquisition	3,817,801	5,392,000
8,730,788	7,540,624	Cash received from service recipients	2,156,541	2,958,782
2,771,849	3,386,380	Investment income	90,085	21,970
311,759	825,060	Other	89,518	128,646
245,849	309,485	Cash paid to employees and suppliers	(4,718,342)	(5,435,222)
74,903	236,260	Net cash provided by operating activities	1,435,603	3,066,176
(250,673)	(165,101)			
(175,770)	71,159	CASH FLOWS FROM INVESTING ACTIVITIES		
		Payments for property and equipment	(311,042)	(228,644)
274,877	378,133	Purchase of long-term investments	(1,285,631)	(312,744)
1,450,948	2,411,668	Sale of short-term investments	-	3,439
135,281	90,365	Sale of long-term investment	300,000	300,000
81,601	16,393	Net cash used by investing activities	(1,296,673)	(237,949)
(4,646)	37,973			
89,518	128,646	CASH FLOWS FROM FINANCING ACTIVITIES		
13,912,054	15,195,886	Collection of contributions restricted for property acquisition	185,000	-
		Payments on short-term debt	(390)	(175,461)
		Net cash provided (used) by financing activities	184,610	(175,461)
4,501,230	6,112,377	Net increase in cash	323,540	2,652,766
18,413,284	21,308,263	Beginning cash, cash equivalents, and restricted cash	3,219,561	566,795
		Ending cash, cash equivalents, and restricted cash	3,543,101	3,219,561
		RECONCILIATION OF CHANGES IN NET ASSETS TO NET CASH PROVIDED BY OPERATING ACTIVITIES		
13,950,047	16,041,560	Increase in net assets	2,440,952	4,052,806
994,361	1,008,114	Adjustments to reconcile change in net assets to net cash		
14,944,408	17,049,674	Depreciation and amortization	202,760	184,844
289,467	260,392	Realized/unrealized (gain) loss on investments	5,886	(40,932)
30,885	26,275	Contributions restricted for property acquisition	(185,000)	-
618,912	480,953			
15,883,672	17,817,294	(INCREASE) DECREASE IN OPERATING ASSETS		
2,529,612	3,490,969	Accounts receivable	197,532	(158,844)
		Promises to give	4,935	1,899
		Food inventory	(1,281,748)	(1,037,961)
3,468,068	5,485,817	Prepaid expenses	(5,672)	(679)
914,258	1,179,861	Non-cash donations of property and equipment	(35,000)	(10,000)
8,484	5,577			
21,760	2,959	INCREASE (DECREASE) IN OPERATING LIABILITIES		
(4,501,230)	(6,112,377)	Accounts payable	76,076	60,315
		Accrued liabilities	14,882	6,072
		Grant advances	-	8,656
(88,660)	561,837	Net cash provided by operating activities	1,435,603	3,066,176
		Supplemental disclosure		
2,440,952	4,052,806	Acquisition and non-cash donations of: Property and equipment	35,000	10,000
13,333,674	9,280,868			
15,774,626	13,333,674			



HPFB.ORG • 806.374.8562
PO Box 31803, Amarillo, TX 79120

Admin Office: 1910 SE 8th Ave. Amarillo, Texas 79102
Warehouse: 815 Ross St, Amarillo, TX 79102

High Plains Food Bank is a 501(c)(3) private nonprofit organization
and equal opportunity provider. EIN #75-1838348

MEMBER OF  FEEDING TEXAS™ PARTNER FOOD BANK OF  FEEDING AMERICA