High Plains Food Bank Summer 2024 Menu

| MIONDAY | TUESDAY | VNEDNTSSDAV | TUURSDAY | FRTD/AY |
| :---: | :---: | :---: | :---: | :---: |
| $1^{\text {ST }}$ B: Cereal, banana, Milk L: Cheeseburgers, Salad, Fruit Mix, Milk SN: Graham Crackers, Yogurt, muffin | $2^{\text {ND }}$ B: Cereal, fruit, Milk <br> L: Spaghetti Beef Sauce, <br> Roll, carrots \& peas, <br> Apples, Milk <br> SN: Goldfish, Mixed Fruit | $3^{\text {RD }} \mathrm{B}$ : Cereal, fruit, Milk L: 2 Chicken Legs, Tater Tots, Corn, Fruit DAYCARE: Cheeseburger SN: Fruit Cup, Graham Crackers | $4^{\text {TH }}$ <br> KIDS CAFE CLOSED | $5^{\text {TH }}$ <br> KIDS CAFE CLOSED |
| $8^{\text {TH }}$ B: cereal, Fruit, Milk L: Beef Nachos, Cucumber Slices, Apples, Milk SN: Muffin, Fruit | 9tH B: Cereal, Fruit, Milk L: Cheeseburgers, Salad, Fruit Mix, Milk SN: Fruit, Goldfish | $10^{\text {TH }} \mathrm{B}$ : Cereal, Fruit, Milk L: Chicken Legs w/BBQ, Green Beans, fruit Mix, Milk Daycare: Chicken Nuggets SN: Graham Crackers, Fruit | $11^{\text {TH }}$ B: Cereal, Fruit, Milk <br> L: Steak Fingers, Roll, Celery Sticks, Tropical Fruit, Milk <br> SN: Cheerios, Fruit | $12^{\text {TH }} \mathrm{B}$ : Cereal, Fruit, Milk, <br> L:Hamburger, Salad, <br> Apples, Milk <br> SN: Goldfish, Fruit |
| $15^{\text {TH }} \mathrm{B}$ : cereal, fruit, milk L: Spaghetti Beef Sauce, Rolls, Peas \& Carrots, Pears, Milk SN: Muffin, Fruit | $16^{\text {TH }} \mathrm{B}$ : cereal, fruit, milk L: Steak Fingers, Roll, Celery Sticks, Tropical Fruit, Milk <br> SN: Graham Crackers, Cheese | $17^{\text {TH }} \mathrm{B}$ : cereal, fruit, milk L: 2 Chicken Legs, Tater Tots, Corn, Fruit Daycare: Cheeseburger SN: Fruit Cup, Goldfish crackers | $18^{\text {TH }} \mathrm{B}$ : cereal, fruit, milk L: Beef Nachos, Cucumber Slices, Apples, Milk SN: Muffin, Fruit | $19^{\text {TH }} \mathrm{B}$ : cereal, fruit, milk L: Chicken Fajitas \& Veggies, Corn Chips, Fruit SN: Cheerios, Fruit |
| $22^{\mathrm{ND}}$ B: Cereal, Fruit, Milk <br> L: Chicken Legs w/BBQ, Green Beans, Fruit Mix, Milk <br> Daycare: Chicken Nuggets SN: Graham Crackers, Fruit | $23^{\mathrm{RD}} \mathrm{B}$ : cereal, fruit, milk L: Chicken Fajitas \& Veggies, Corn Chips, Fruit SN: Cheerios, Fruit | $24^{\text {TH }} \mathrm{B}$ : cereal, fruit, milk L: Steak Fingers, Roll, Celery Sticks, Tropical Fruit, Milk <br> SN: Graham Crackers, Cheese | $25^{\mathrm{TH}} \mathrm{B}$ : cereal, fruit, milk L: Spaghetti Beef Sauce, Roll, Peas \& Carrots, Pears, Milk <br> SN: Muffin, Fruit | $26^{\text {TH }}$ B: Cereal, Fruit, Milk <br> L: Cheeseburgers, Salad, <br> Fruit Mix, Milk <br> SN: Fruit, Goldfish |
| $29^{\text {TH }}$ B: Cereal, Fruit, Milk L: Pizza, Salad, Fruit Mix, Milk <br> SN: Fruit, Goldfish | $30^{\mathrm{TH}} \mathrm{B}$ : cereal, fruit, milk L: 2 Chicken Legs, Tater Tots, Corn, Fruit Daycare: Cheeseburger SN: Fruit Cup, Goldfish crackers | $31^{\text {ST }}$ B: cereal, fruit, milk L: <br> Spaghetti Beef Sauce, <br> Rolls, Peas \& Carrots, <br> Pears, Milk <br> SN: Muffin, Fruit |  |  |

