

2023

ANNUAL REPORT

HIGH  PLAINS
FOOD BANK

LEADERSHIP

2023 BOARD OF DIRECTORS EXECUTIVE COMMITTEE

GIANNI AMATO
President
First United Bank

BILL PINKHAM
Treasurer
Perdue, Brandon, Fielder, Collins & Mott

TIM WILLIAMS
Secretary
Sprouse, Shrader & Smith

RAVONETTE STACEY
Vice President
Randall County

PAUL EVANS
Assistant Treasurer

JACKIE KINGSTON
Immediate Past President
KAMR Local 4 News

2023 BOARD OF DIRECTORS

AMANDA AST
Northwest Texas Healthcare System

SONJA CLARK
Bell Helicopter

MARTY MURRY
Community Volunteer

DENISE BLANCHARD
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Amarillo Independent School District

DON NICHOLSON
Department of State Health Services

ABEL BOSQUEZ
Community Volunteer

CHERRY GRAHAM
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Prosperity Bank

ROSEMARTHA CATES
Keller Williams

DUSTIN HANSEN
FirstBank Southwest

ROBERT TREVINO
Community Volunteer

SHIRLEY CLARK
Community Volunteer

SHAWN MORRISON
Budweiser Distributing Company

PAT WARE
Amarillo National Bank

EXECUTIVE MANAGEMENT TEAM

ZACK WILSON
Executive Director

ANDREA JOHNSON
Assistant Director

CHRIS HOUSE
Director of Finance

TINA BROHLIN
Director of Development

OUR TEAM

LANETA SIX
Administrative Assistant

MANNY RIOS
Referral Specialist

RACHAEL MAXWELL
Agency Relations Coordinator

AMENDA CONTRERAS
Accountant

BOBBY MITCHELL
Warehouse Manager

MARIBEL SOTELO
Director of Kids Cafe

ZIVORAD FILIPOVIC
Director of Marketing and Communications

ROB BELL
Food Sourcing Manager

JUSTIN YOUNG
Director of Nutrition Education

MORGAN PAYNE
Grants Manager

ZACH CARRILLO
Inventory Control Manager

CARA YOUNG
Gardens & Community Partnerships

ALI MILLS
Development Data Manager

JOSH OLDHAM
CSFP Coordinator

BRITTANI HINDERS
Nutrition Educator

TESS MATTHEWS
Community Engagement Coordinator

JOSHUA BROWN
CSFP Coordinator

JEROD GILLIAM
Kids Cafe Kitchen Coordinator

NELLIE RAMON
Director of Social Services

NATHAN BLAKELY
CSFP Inventory Coordinator

WILL BROWN
Kids Cafe Compliance Manager

WHITNEY WALKER
Agency Relations Coordinator

Dear friends,

So many things defined 2023. While we faced rising costs and natural disasters, your generous support allowed us to continue providing our neighbors with access to food during difficult times. Together, we continued alleviating hunger in the Texas Panhandle despite the challenges we faced.

Rising costs continued to affect neighbors and families across the Texas Panhandle. Food costs remained at record highs with signs of a steady increase. We received more requests for food assistance than ever before. We served an average of 21,612 neighbors and 11,192 families each month – a 4 percent increase from the previous year. Likewise, increased food, fuel, and maintenance costs are affecting our budget. We anticipate at least a 20 percent increase in maintenance costs and a 10 percent increase in fuel costs.

Last year also brought unforeseen challenges when multiple natural disasters struck the Texas Panhandle. After Memorial Day, widespread flooding wreaked havoc on local homes and businesses. HPFB responded to the flooding in Hereford and Amarillo with emergency food, water, and resources. Shortly after, the disastrous tornado struck Perryton, and HPFB responded immediately with over 1,000 emergency food boxes and ten pallets of water. After the initial response, HPFB continues to work with the impacted communities on long-term recovery efforts. HPFB has even received pass-through funding to help our partner food pantries rebuild, expand capacity, and receive additional food for long-term recovery.

Despite the challenges, 2023 presented several highlights:

- Distributed over 2.01 million pounds of fresh produce
- Received three new box trucks through a grant to increase our retail store food rescue capacity
- Distributed food to over 2,072 seniors each month through our senior food box program – while anticipating an increase in 2024
- Completed our new administrative building at 8th and Ross Street in Amarillo

HPFB remains committed to our mission to alleviate hunger in the Texas Panhandle. This year, we plan to:

- Begin the research and planning stage for an on-site food assistance center at HPFB!
- Increase our fresh produce and protein distribution by 5 percent
- Leverage technology to help increase distribution and reporting at all our partner sites
- Further increase our capacity for food pick-ups and distributions with five new trucks.

While many challenges lie ahead, your support will help us continue providing our neighbors access to healthy food. For every \$1 you donate, we can distribute about nine meals! Thank you for helping us provide food and hope to our neighbors facing food insecurity.

Sincerely,

Zack Wilson | Executive Director



7.8 MIL.

POUNDS DISTRIBUTED

190,829 MILES TRAVELED

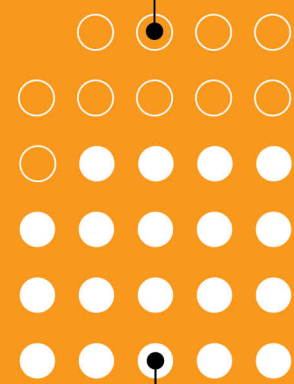


26%

FRESH PRODUCE

29

COUNTIES

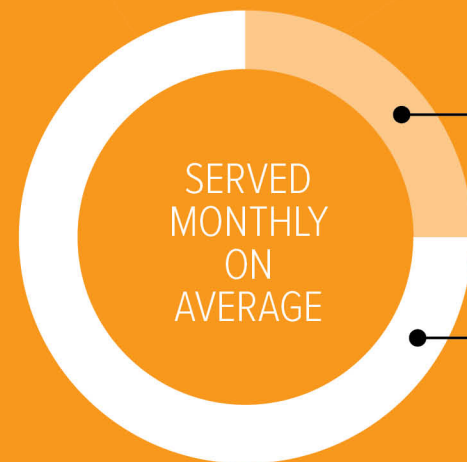


69%

OF TOTAL POUNDS DISTRIBUTED TO RURAL COUNTIES

143

FEEDING PARTNER AGENCIES



SERVED MONTHLY ON AVERAGE

11,192

FAMILIES

21,612

INDIVIDUALS



1 IN 6

LOCAL KIDS FACE FOOD INSECURITY



1 IN 8

LOCAL PEOPLE FACE FOOD INSECURITY



Most of the food we distribute is donated by retailers, growers, and other partnerships. The government also supplies food through programs like The Emergency Food Assistance Program, Commodity Supplemental Food Program, and the Food Purchase and Distribution Program. In 2023, we were able to convert \$1 into 13 meals, which makes monetary donations extremely economical in the fight against local hunger.

4,767,673

Donated Pounds Distributed (61%)

893,286

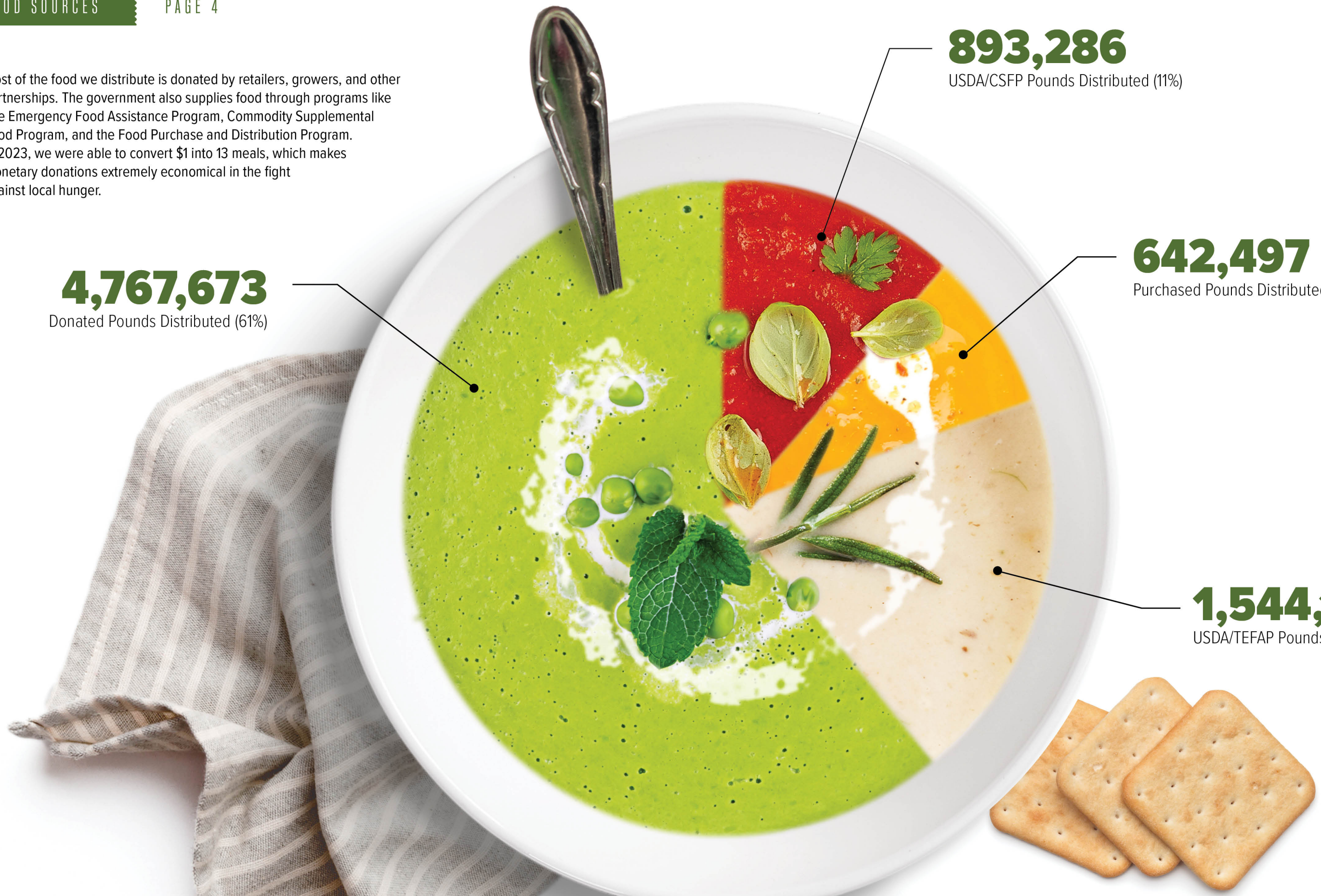
USDA/CSFP Pounds Distributed (11%)

642,497

Purchased Pounds Distributed (8%)

1,544,120

USDA/TEFAP Pounds Distributed (20%)



*(Pounds of food distributed by type)



Commodity Supplemental Food Program

The Commodity Supplemental Food Program (CSFP) works to improve the health of low-income seniors 60 years of age and older by supplementing their diets with nutritious USDA foods. Each month, qualified participants receive a box containing more than 25 pounds of shelf-stable groceries and a 2-pound block of cheese. In 2023, the CSFP team distributed 1,862 more senior food boxes than last year, for a total of 26,730! Monthly distributions were held at 22 CSFP sites to better serve an average of 2,227 local seniors who are at risk of food insecurity. We hope to expand the program to more rural communities in the future so that more of our low-income senior neighbors have access to supplemental nutrition.

Direct Mobile Distribution

In 5 underserved counties, we provided Direct Mobile Distribution (DMD) service, delivering food directly to qualified low-income clients. In Armstrong, Briscoe, Hall, Hemphill, and Ochiltree counties, HPFB distributed 40-pound family food boxes, surplus food, and fresh produce each month. We provided 6,996 family food boxes through DMD, plus 136,259 pounds of perishable food to 15,852 people in 2023.

Food Purchase and Distribution Program

In 2023, HPFB distributed approximately 4,767,673 pounds of donated product, 642,497 pounds of purchased product and 2,437,406 pounds of USDA product. We provide free delivery to our agency partners in our 27 rural counties so they can better serve neighbors facing food insecurity.

4.7 MIL.

Pounds of Donated Food/Product Distributed

2.4 MIL.

Pounds of USDA Product Distributed

190,829

Miles Our Fleet Traveled

Social Services

HPFB's Social Services team connects people to federal and state nutrition and health programs like SNAP (Supplemental Nutrition Assistance Program) and Medicaid. They help neighbors complete applications and understand their benefits.

SNAP

SNAP (Supplemental Nutrition Assistance Program), or EBT, is a federal program that provides monthly funds for people to buy the food they need to thrive. Formerly called "food stamps," SNAP is America's most extensive hunger-fighting program. SNAP helps individuals and families stretch their budgets to meet additional needs beyond food, like medical bills, utilities, and rent.

Our social services team provides expert consultation by phone or face-to-face appointments to complete and submit applications online or on paper. Our experienced team guides applicants through the daunting application process, provides case management, and advocates for their clients. The HPFB social services team also helps neighbors establish food security and self-sufficiency by connecting them with additional life-stabilizing resources within their extensive referral network.

In addition to helping individuals and families navigate the benefits application process, HPFB's social services team educates community members and partner agencies on State and Federal programs and services, including:

- ✓ SNAP (food stamps)
- ✓ Children's Medicaid
- ✓ Medicaid for adults
- ✓ Medicaid for the elderly/disabled
- ✓ CHIP (Children's Health Insurance Program)
- ✓ CHIP Perinatal Program
- ✓ TANF (Temporary Assistance of Needy Families)
- ✓ Healthy Texas Women (family planning and health screenings)
- ✓ Other local resources

SNAP
Application Assistance

500

2023 Application Total





The Garden at HPFB

The Garden at High Plains Food Bank is an all-organic, 1-acre urban farm that serves as a community classroom to teach gardening basics and nutrition education. In 2023, the Garden at HPFB offered 207 nutrition education classes to 1,137 participants. Topics ranged from organic gardening to healthy eating and cooking. The Garden's Mobile Harvest program distributed over 119,157 pounds of fresh produce to an average of more than 300 community members per week.

Kids Cafe

Kids Cafe provides free nutritious meals and snacks to students through multiple community partner locations. In 2023, our Kids Cafe team prepared and served over 100,000 nutritious meals to local students at safe afterschool partner sites, including schools, community organizations, and apartment complexes. Over 1,000 students received daily meals to help them grow, learn, and thrive.

The Kids Cafe program provides nutritious meals to senior adults at apartment complexes and provides a supplemental meal to adult students attending classes at Heal the City Clinic. In 2023, the Kids Cafe program prepared and delivered over 35,000 nutritious meals to senior citizens and families. Kids Cafe also prepares meals with leftover food and offers them at no cost to the neighboring community and to anyone facing food insecurity.



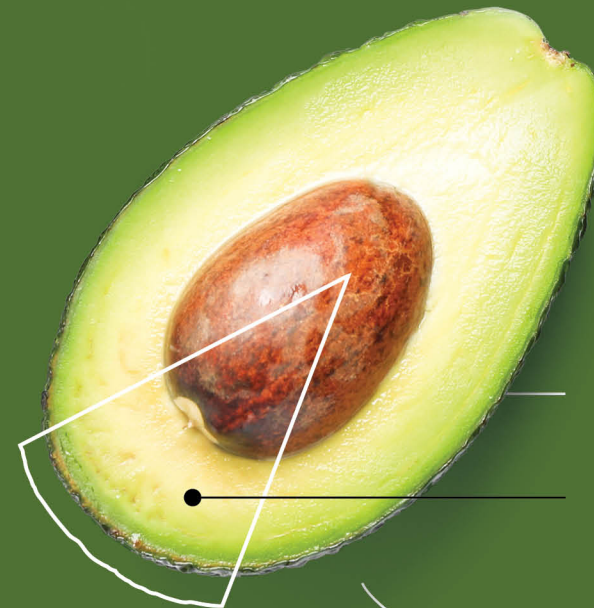
Our Kids Cafe team prepared and served

**OVER
100,000**

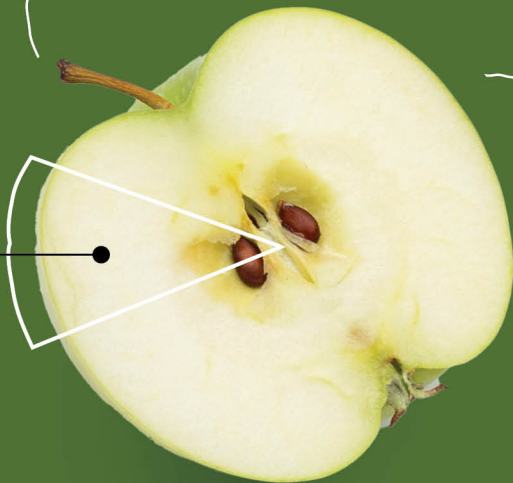
NUTRITIOUS MEALS TO LOCAL STUDENTS

County	# of Agencies	Pounds Distributed	Total Population	Number of Food Insecure Persons	Food Insecurity Rate	Total Child Population	Number of Food Insecure Children	Child Food Insecurity Rate
ARMSTRONG	1	30,858	1,980	180	8.9%	503	40	8.2%
BRISCOE	3	218,030	1,266	220	17.1%	210	40	17.5%
CARSON	5	101,450	5,856	640	10.9%	1,410	190	13.2%
CASTRO	2	120,188	7,450	830	11.2%	2,185	310	14.0%
CHILDRESS	4	310,004	6,784	850	12.5%	1,224	190	15.4%
COLLINGSWORTH	3	118,977	2,948	450	15.3%	759	140	18.3%
COTTLE	2	168,713	1,560	300	19.1%	439	120	27.9%
DALLAM	3	136,715	7,135	850	11.9%	2,330	340	14.5%
DEAF SMITH	4	96,536	18,675	2,170	11.6%	5,843	860	14.7%
DONLEY	5	252,412	3,266	400	12.3%	662	100	15.6%
GRAY	5	498,016	21,398	3,150	14.7%	5,426	990	18.3%
HALE	6	431,293	32,879	4,710	14.3%	8,946	1,670	18.7%
HALL	2	192,701	2,875	460	15.9%	645	140	21.2%
HANSFORD	1	70,258	5,332	560	10.5%	1,598	190	12.0%
HARDEMAN	1	37,351	3,567	510	14.4%	785	140	17.7%
HARTLEY	3	145,911	5,465	520	9.6%	1,172	130	11.0%
HEMPHILL	2	176,574	3,450	420	12.2%	926	140	15.0%
HUTCHINSON	6	476,505	20,801	2,970	14.3%	5,356	930	17.3%
LIPSCOMB	1	46,027	3,138	400	12.7%	965	150	15.2%
MOORE	6	378,957	21,494	2,340	10.9%	6,853	940	13.7%
OCHILTREE	4	231,237	10,063	1,220	12.1%	3,129	450	14.5%
OLDHAM	1	55,980	2,251	260	11.5%	791	120	14.6%
PARMER	3	215,892	9,874	1,020	10.3%	2,803	370	13.1%
POTTER	42	1,755,403	119,043	18,430	15.5%	32,688	6,460	19.8%
RANDALL	20	696,392	139,176	15,750	11.3%	33,670	4,130	12.3%
ROBERTS	1	61,743	724	90	12.7%	126	20	15.2%
SHERMAN	1	112,628	2,357	290	12.3%	494	90	17.5%
SWISHER	4	494,607	7,055	1,210	17.2%	1,772	390	21.8%
WHEELER	2	208,402	5,091	820	16.2%	1,285	270	20.8%
OVERALL	143	7,839,760	472,953	62,020	13.10%	124,995	20,050	16.20%

29
COUNTIES



13.10%
FOOD INSECURE PERSONS



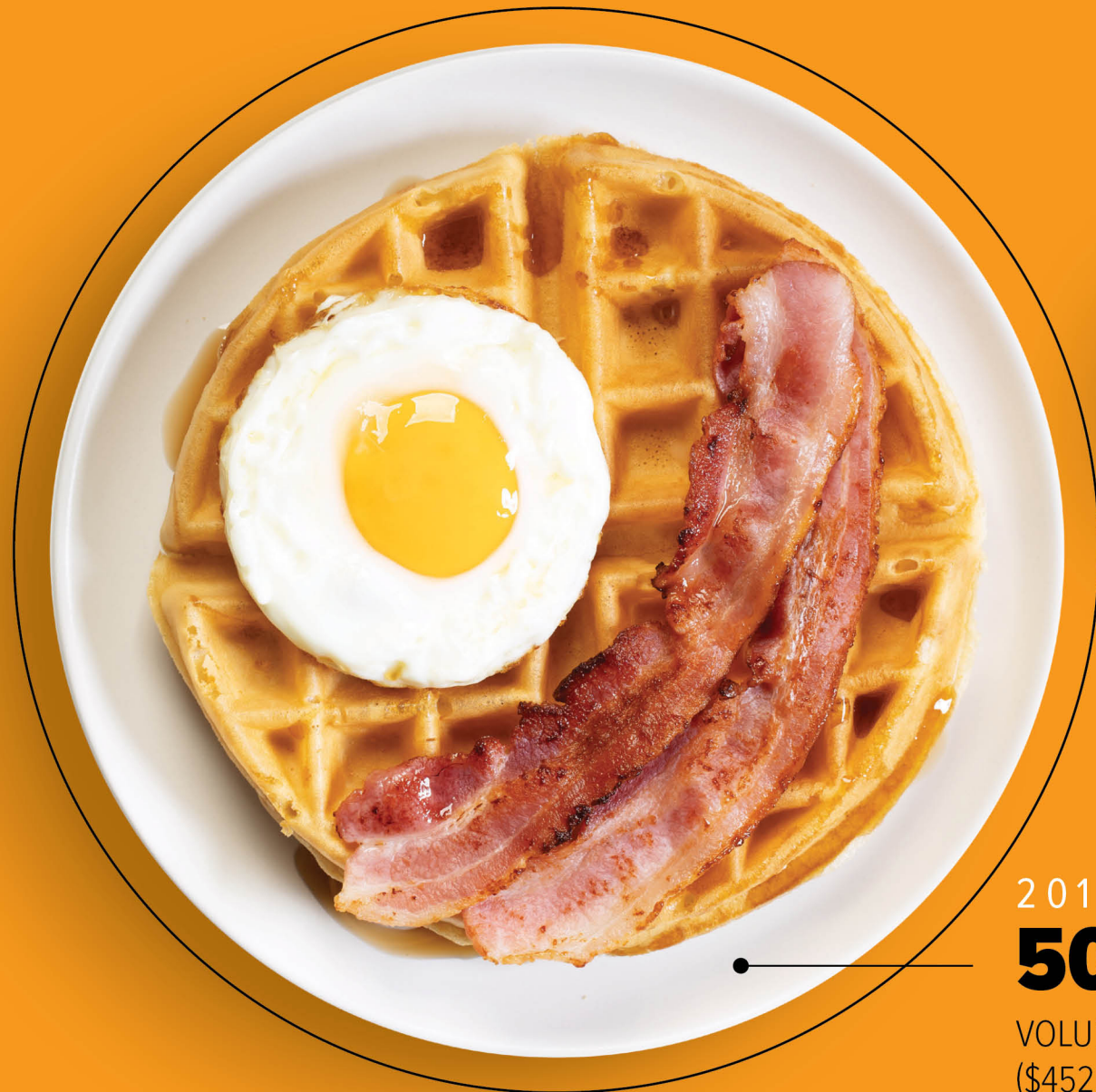
16.20%
FOOD INSECURE CHILDREN

HPFB collects, sorts, and stores donated, rescued, and purchased food that we distribute for free to our 143 feeding partner agencies. These partner food pantries, soup kitchens, shelters, and meal programs provide food directly to neighbors in their communities. Together, we work to alleviate hunger in the Texas Panhandle.

Although volunteer support increased over the prior three years, support still is well below pre-COVID years. Volunteers provided 21,562 hours of critical support, valued at \$194,058 in 2023. We rely on help from volunteers to alleviate hunger in the Texas Panhandle.

In our warehouse, we love to host volunteer groups including schools, youth groups, civic organizations, businesses, and families. Volunteers are desperately needed year-round to inspect and sort all donated food and product, pack family food boxes, and more.

The Garden at HPFB needs volunteers to help plant, harvest, compost, pull weeds, and feed animals. You'll get a little dirty, soak up some sun, and learn techniques to grow food and raise animals in the Texas Panhandle climate.

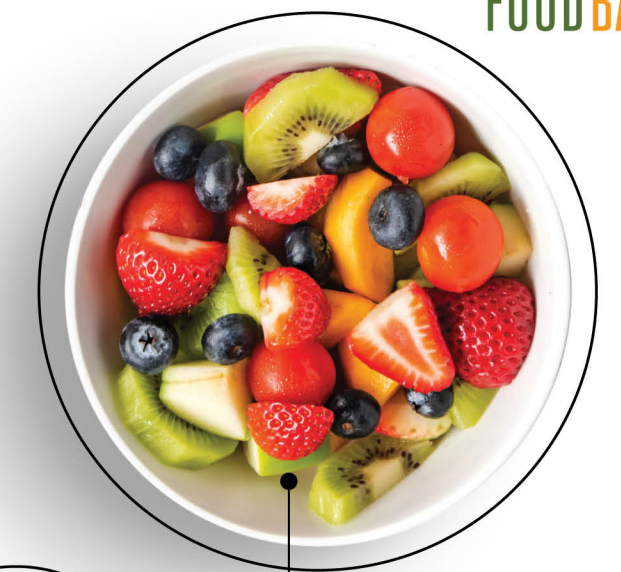


2019
50,311
 VOLUNTEER HOURS
 (\$452,299 VALUE)

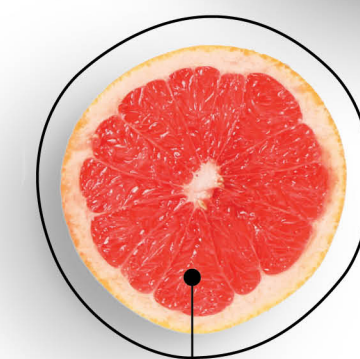
Visit [HPFB.org](https://www.hpfb.org) to learn more or schedule your time to volunteer.



2021
15,035
 VOLUNTEER HOURS
 (\$136,300 VALUE)



2023
21,562
 VOLUNTEER HOURS
 (\$194,058 VALUE)



2022
13,474
 VOLUNTEER HOURS
 (\$121,266 VALUE)



2020
17,762
 VOLUNTEER HOURS
 (\$159,858 VALUE)



PLANTING SEEDS

By Tina Brohlin | High Plains Food Bank, Director of Development

Dannie Prock was passionate about three things: helping people, helping animals, and muscle cars. She called High Plains Food Bank to ask about volunteering more than 13 years ago. Today, her gifts of time, talent, and treasure continue to bless our team, mission, and community.

"I started working at the food bank in 2010," said Laneta Six, HPFB's administrative assistant. "About six months in, I remember telling Zack I was praying for a volunteer. I was overwhelmed and needed help."

Dannie called to inquire about volunteering the following week.

"Dannie was our sole administrative volunteer for many years," said Zack Wilson, executive director of HPFB. "She found pleasure in helping us with key duties such as filing, sorting, and helping us process mail and donations."

Zack said, "One day, I was in my office when I heard the loudest and most triumphant holler. I ran into our lobby, where I saw Dannie sitting in a chair and waving her hands in the air. She looked like she had just crossed the finish line first at the Olympics. While opening the mail, she found a \$10,000.00 donation. She was so happy for us. It made both of our days. From that point forward, we joked that Dannie should always open the mail."

In addition to volunteering in the office, Dannie always helped at events. She loved supporting Empty Bowls and would fuss over the children's creations. Dannie was also known to cruise around at the golf tournament after drawing door prizes to check on and thank teams and sponsors.

Dannie was more than a volunteer. She exuded kindness and patience that only a retired veteran 1st-grade teacher of 30+ years could. She was our beloved friend. We were her family.

When COVID-19 hit, Dannie started staying home. However, she'd occasionally surprise us with a drive-up hot rod visit or sweet telephone call. We all hoped Dannie would return to volunteer at some point. However, Dannie passed away in March.

We soon discovered that Dannie had left the food bank in her will. Our executive team began brainstorming the best way to invest Dannie's legacy gift. An opportunity quickly struck.

In May, Justin Young, director of nutrition education for HPFB, was t-boned while driving The Garden pickup when another driver ran a stop sign. Justin suffered a concussion, and the pickup was totaled.

"Dannie deeply loved cars and trucks," said Zack. "We know she would have loved to have purchased The Garden a truck for their daily needs."

"Dannie's gift will allow our program to grow on-site and in the community," said Justin. "She was one of our biggest supporters, advocates, and kindest people I have ever met. If I could say or do anything to thank her, I would tell her to back her car up and open the trunk so we could fill it up with okra!"

Alexander Hamilton said a "legacy" is "planting seeds in a garden you never get to see." Dannie's bequest is a prime example. In her honor, the new pickup bears her name.

"She is deeply missed," said Justin. "But, I am thankful I'll be reminded of Dannie and her generosity whenever I drive The Garden pickup around."



2023 DISASTER RESPONSE IN THE TEXAS PANHANDLE

Multiple natural disasters struck the Texas Panhandle in 2023, and your support allowed High Plains Food Bank to respond. When widespread flooding affected parts of Hereford and Amarillo, you helped HPFB provide emergency food, water, and resources when our neighbors needed us.

Thanks to community supporters like you, HPFB distributed 165 emergency food boxes and 2-3 pallets of water to our neighbors in Hereford who were affected by floods.

In addition to meeting the immediate need of unforeseen natural disasters, your generous support allows us to work closely with our partners at the Hereford Food Pantry on long-term recovery. We're also working together to build their capacity to

serve children, seniors, and families in their community for the long term.

Shortly after, our team supplied 200 emergency food boxes and two pallets of water to displaced neighbors in Amarillo. In addition, our social services team was on site to assist with emergency SNAP, SNAP replacement, and other vital resources.

On June 15, the third disaster hit the Texas Panhandle. A tornado ripped through Perryton, destroying many homes and businesses, and taking three lives. With your support, HPFB responded immediately with 1,000 emergency food boxes, ten pallets of water, and additional food. We continue to work closely with our partner food pantry, Jireh Outreach, as they rebuild and increase their capacity to help provide more neighbors with reliable access to healthy food. In the meantime, HPFB has re-established a monthly direct mobile food distribution to help ensure our neighbors in Perryton have ongoing access to food.

Thank to you and our generous community, HPFB can continue working hand-in-hand with our partners and neighbors in Hereford and Perryton on long-term recovery plans and solutions. Thank you for helping ensure brighter days for our neighbors who've overcome the unimaginable.



Statements of Financial Position
 December 31, 2022 and 2021

ASSETS	2022	2021
Current assets		
Cash and cash equivalents	3,072,529	3,543,101
Investments	1,245,419	1,188,844
Accounts receivable	627,259	235,421
Unconditional promises to give	2,678	4,628
Inventories		
Unrestricted	7,185,494	6,579,173
Restricted	130,394	506,330
Prepaid expenses	28,874	86,706
Total current assets	\$12,292,647	\$12,144,203
Non-current assets		
Investments held for endowment purposes	345,692	300,000
Capital assets, net	5,686,462	3,676,603
Total non-current assets	\$6,032,154	\$3,976,603
Total assets	\$18,324,801	\$16,120,806
LIABILITIES AND NET ASSETS		
Current liabilities		
Accounts payable	122,817	303,870
Accrued salaries	31,441	26,165
Accrued payroll taxes and benefits	15,334	16,145
Total current liabilities	\$169,592	\$346,180
Net assets		
Without donor restrictions	16,812,773	14,101,958
With donor restrictions	1,342,436	1,672,668
Total net assets	\$18,155,209	\$15,774,626
Total liabilities and net assets	\$18,324,801	\$16,120,806

 Statement of Activities and
 Changes in Net Assets Year Ended
 Dec. 31, 2022 and 2021

CHANGES IN NET ASSETS WITHOUT DONOR RESTRICTIONS	2022	2021
Revenues, gains and other support		
Cash contributions	3,267,093	2,771,849
Food contributions	10,110,404	9,886,699
Grant revenue	3,599,221	1,762,707
Shared maintenance fees	304,543	274,877
Special events	71,938	135,281
Interest and investment income	56,334	104,601
Unrealized gain (loss) on investment	(324,432)	(27,646)
Other	1,816	164,421
Net assets released from restrictions		
Satisfaction of program restrictions	3,447,639	4,501,230
Total revenues, support, and other support	\$20,534,556	\$19,574,019
Expenses		
Program services		
Food distribution	15,456,198	15,110,782
Kid's Cafe	1,261,496	994,361
Total programs services	\$16,717,694	\$16,105,143
Management and general	390,147	289,467
Fund-raising	715,900	649,797
Total expenses	\$17,823,741	\$17,044,407
Change in net assets without donor restrictions	\$2,710,815	\$2,529,612
CHANGES IN NET ASSETS WITH DONOR RESTRICTIONS		
Food contributions-USDA	2,494,953	3,468,068
Grants and contributions	627,922	914,258
Interest and investment income	7,157	8,484
Unrealized gain (loss) on investment	(12,625)	21,760
Net assets released from restrictions	(3,447,639)	(4,501,230)
Change in net assets with donor restrictions	\$(330,232)	\$(88,660)
Change in net assets	\$2,380,583	\$2,440,952
Net assets		
Beginning of year	\$15,774,626	\$13,333,674
End of year	\$18,155,209	\$15,774,626

 Statement of Cash Flows Years Ended
 December 31, 2022 and 2021

CASH FLOWS FROM OPERATING ACTIVITIES	2022	2021
Change in net assets	2,380,583	2,440,952
Adjustments to reconcile change in net assets to net cash flows from operating activities		
Depreciation	222,330	202,760
Realized/unrealized (gain) loss on investments	337,057	5,886
(Gain) loss on disposal of property and equipment	15,592	-
Contributions restricted for property	-	(185,000)
Non-cash donations of property and equipment -	(35,000)	
Changes in operating assets and liabilities		
Accounts receivable	(391,838)	197,532
Unconditional promises to give	1,950	4,935
Inventories	(230,385)	(1,281,748)
Prepaid expenses	57,832	(5,672)
Accounts payable	(181,053)	76,076
Accrued salaries	5,276	14,882
Accrued payroll taxes and benefits	(811)	-
Net cash flows from operating activities	\$2,216,533	\$1,435,603
CASH FLOWS FROM INVESTING ACTIVITIES		
Purchases of long-term investments	(439,209)	(1,285,631)
Proceeds from sales of investments	-	300,000
Acquisition of property and equipment	(2,247,896)	(311,042)
Net cash flows from investing activities	\$(2,687,105)	\$(1,296,673)
CASH FLOWS FROM FINANCING ACTIVITIES		
Collection of contributions restricted for property	-	185,000
Payment on short-term debt	-	(390)
Net cash flows from investing activities	-	\$184,610
Net change in cash and cash equivalents	\$(470,572)	\$3 23,540
Cash and cash equivalents at beginning of year		
Beginning of year	\$3,543,101	\$3,219,561
End of year	\$3,072,529	\$3,543,101
Supplemental cash flow information		
In-kind food donations	12,605,357	13,354,767

| SCAN HERE |


 For the complete audit or our IRS
 form 990 please scan the qr code or
 visit hpfb.org/about

our mission:

TO ALLEVIATE HUNGER IN THE TEXAS PANHANDLE



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ADMIN OFFICE: 1910 SE 8TH AVE. AMARILLO, TX 79102 | WAREHOUSE: 815 ROSS ST, AMARILLO, TX 79102

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HIGH PLAINS
FOOD BANK

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