

November 2024 | High Plains Food Bank





Announcements:

Thanksgiving Break for AMAISD 11.25.24 – 11.29.24 & RRISD November 27-29

Thanksgiving week camps, special events, and daycare will have a separate menu.



Monday	Tuesday	Wednesday	Thursday	Friday
 <p style="text-align: center;">Carrots Season in Texas: August - May Did you know? You can eat all parts of the carrot; leaves can be made into pesto or added to a salad, carrot flowers can also be added to salads or turned into jelly, the seeds are used to flavor other foods</p>				<p>1 B: Cereal, Fruit, Milk L/SU: Chicken Patty, Mashed Potatoes, white gravy, Cucumbers, Fruit, Milk SN: Turkey Cheese Roll, Fruit</p>
<p>4 B: Cereal, Fruit, Milk L/SU: Beef Nachos, Steamed Corn, Fruit, Milk SN: goldfish, fruit</p>	<p>5 B: Cereal, Fruit, Milk L/SU: Chicken Fajita, fajita vegetables, Fruit, Milk SN: muffin, fruit</p>	<p>6 B: Cereal, Fruit, Milk L/SU: Hamburger, Cauliflower, Fruit, Milk SN: graham crackers, fruit</p>	<p>7 B: Muffin, Fruit, Milk L/SU: Beef & Beans Chili, Corn Bread, Side Salad, Fruit, Milk SN: Carrots & ranch, Pretzels</p>	<p>8 B: Cereal, Fruit, Milk L/SU: Chicken Macaroni, Green Beans, Fruit, Milk SN: muffin, fruit</p>
<p>11 B: Cereal, Fruit, Milk L/SU: Chicken Nuggets, Mixed Veggies, Fruit, Milk SN: goldfish, fruit</p>	<p>12 B: Muffin, Fruit, Milk L/SU: Cubed Chicken, Rolls, Corn, Fruit, Milk SN: Graham Crackers, Fruit</p>	<p>13 B: Cereal, Fruit, Milk L/SU: Beef Fajita, Fajita Vegetables, Fruit, Milk SN: Yogurt, Fruit, muffin</p>	<p>14 B: Cereal, Fruit, Milk L/SU: Salisbury Steak, Gravy, Mashed Potatoes, Peas & Carrots, Fruit, Milk SN: Apple Slices, Cheese</p>	<p>15 B: Muffin, Fruit, Milk L/SU: Beef Tacos, C. Shell, Mixed Veggies, Fruit, Milk SN: Graham Crackers, Yogurt, Fruit</p>
<p>18 B: Cereal, Fruit, Milk L/SU: Beef Nachos, Corn Chips, Fruit, Milk SN: cheese crackers, fruit</p>	<p>19 B: Cereal, Fruit, Milk L/SU: Chicken Macaroni, Green Beans, Fruit, Milk SN: muffin, fruit</p>	<p>20 B: Muffin, Fruit, Milk L/SU: Turkey Breast, Mixed Veggies, Fruit, Milk SN: goldfish, fruit</p>	<p>21 B: Cereal, Fruit, Milk L/SU: Hamburger, salad, Fruit, Milk SN: yogurt, fruit, apples</p>	<p>22 B: Muffin, Fruit, Milk L/SU: Roast Beef Sandwich, , Fruit, Milk SN: Oranges, muffin</p>
<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>



TEXAS DEPARTMENT OF AGRICULTURE
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National School Lunch Program